

## Supported Activities

- ◆ Swimming
- ◆ Basketball
- ◆ Baseball
- ◆ Soccer
- ◆ Volleyball
- ◆ Gymnastics
- ◆ Hockey
- ◆ Dance
- ◆ Badminton
- ◆ Golf
- ◆ And more....



YMCA

We build strong kids,  
strong families, strong communities.

Esso YMCA  
Learning & Career Centre  
660 Oakdale Ave  
Sarnia, ON N7V 2A9

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Melynda Pickard  
519-336-5950 ext 236

### **YMCA Mission Statement**

The YMCA of Sarnia-Lambton is a charitable organization dedicated to the enrichment of the community through the growth and development of people in spirit, mind and body.



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## *Community Bridges Program*

*Helping those in  
need while finding  
the "Great One"  
within our children*

## *Blue Water Bridge Canada Community Bridges Program*



It is a well known fact that today's children often do not participate in physical activities. This may be due to a lack of interest, friends or places to play. It could also be because families are facing financial difficulties. Blue Water Bridge Canada would like to help those children in need.

In the Fall of 2008, Blue Water Bridge Canada launched their Community Bridges Program aimed at helping families with the cost of enrolling their children into organized sporting activities.

Blue Water Bridge Canada recognizes that physical activity directly affects a child's physical and mental well being. We feel it will give the children a chance to build on their social and scholastic skills while building their confidence and

self-esteem. Most importantly, they have fun doing it.

### *Program Guidelines*

The program is administered by the local YMCA in Sarnia, Ontario. The program coordinator is responsible for identifying families that qualify for assistance. Funding is dispersed on a first come, first served basis.

Assistance will be provided for children aged 4-17 inclusive and is limited to one sporting event for either spring/summer or fall/winter season (maximum of 1 per year). Funding is provided for up to \$300 per activity. The children receive the full benefit of the funding as no monies are spent towards administrative or related costs.

Families with more than one child may qualify for assistance for the additional children.

Families can rest assured that their privacy will be respected and the names of the children receiving assistance will remain confidential with the YMCA .



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For more information or for parents to book an appointment with the program co-ordinator contact:

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